

ENRICHMENT CLASS SCHEDULE

SEMESTER TWO (January 12 - March 20, 2026)

FKO Program: McCarthy School - Peabody

MONDAY

Grade	Classes	Time
K - 2 nd	Winter Science Explorers	3:25 - 4:10pm
	Move & Groove Adventures	4:10 - 4:55pm
3 rd - 5 th	Move & Groove Adventures	3:00 - 3:45pm
	Winter Science Explorers	4:05 - 4:55pm

TUESDAY

Grade	Classes	Time
K - 2 nd	Cozy Makers & Crafters	3:25 - 4:10pm
	Teamwork Quest Games	4:10 - 4:55pm
3 rd - 5 th	Teamwork Quest Games	3:00 - 3:45pm
	Cozy Makers & Crafters	4:05 - 4:55pm

WEDNESDAY

Grade	Classes	Time
K - 2 nd	Global Winter Traditions	3:25 - 4:10pm
	Aim & Score Challenges	4:10 - 4:55pm
3 rd - 5 th	Aim & Score Challenges	3:00 - 3:45pm
	Global Winter Traditions	4:05 - 4:55pm

THURSDAY

Grade	Classes	Time
K - 2 nd	Winter No-Bake Chefs	3:25 - 4:10pm
	Power-Up Fitness Circuit	4:10 - 4:55pm
3 rd - 5 th	Power-Up Fitness Circuit	3:00 - 3:45pm
	Winter No-Bake Chefs	4:05 - 4:55pm

FRIDAY

Grade	Classes	Time
K - 2 nd	STEM Builders: Cold-Weather Challenges	3:25 - 4:10pm
	Kids' Choice Category (Student-Led Games)	4:10 - 4:55pm
3 rd - 5 th	Kids' Choice Category (Student-Led Games)	3:00 - 3:45pm
	STEM Builders: Cold-Weather Challenges	4:05 - 4:55pm

NOTES

- Daily physical activity blocks are scheduled for all groups from 3:00 - 4:20 pm rotating in the gym and outdoor spaces!
- As a reminder, children should be picked up after 5:00 pm to maximize their out-of-school-time learning.

ENRICHMENT CLASS DESCRIPTIONS

CLASS	DESCRIPTION
Winter Science Explorers	Investigate snow, ice, weather patterns, animal hibernation, and simple winter-themed experiments. Students will explore the wonders of winter through hands-on science investigations that spark curiosity about the natural world. They will learn how ice forms, why animals hibernate, and how weather changes during colder months.
Cozy Makers & Crafters	Hands-on projects like weaving, paper engineering, recycled art, and small DIY creations. This class encourages creativity through fun, winter-inspired art and craft projects. Students will learn to use different materials and techniques to bring their ideas to life.
Global Winter Traditions	Explore how different cultures experience winter—foods, festivals, clothing, and geography. Students will explore how winter is experienced around the world through stories, activities, and cultural connections. This helps build understanding and appreciation for diverse communities.
Winter No-Bake Chefs	Learn simple, kid-friendly recipes such as trail mixes, parfaits, themed snacks, and other no-bake treats perfect for the winter season. Students will prepare simple, no-bake winter snacks while learning about kitchen safety and food preparation. They will practice measuring ingredients and following multi-step recipes.
STEM Builders: Cold-Weather Challenges	Build structures and solve problems inspired by winter (e.g., ice shelters, sled designs, arctic habitats). Students will tackle winter-themed design challenges that promote building, testing, and re-designing structures or simple machines. They will learn to think like engineers as they experiment with solutions.
Move & Groove Adventures	Games that focus on fundamental movement skills like running, jumping, skipping, hopping, and galloping. Help students master essential locomotor patterns in fun, playful ways.
Teamwork Quest Games	Activities where students work together to complete tasks, solve challenges, or achieve a shared goal. Build communication and collaboration through physical activity.
Aim & Score Challenges	Games that involve tossing, rolling, or aiming objects at targets like hoops, cones, or walls. Introduce throwing mechanics and accuracy in a controlled, safe way.
Power-Up Fitness Circuit	Stations around the gym with different physical tasks—jumping jacks, balance beams, mini hurdles, and more. Keep students active while exposing them to varied movements and exercises.
Kids' Choice Category (Student-Led Games)	A rotating category where students vote, suggest, or spin a wheel to choose the day's gym activity (e.g., tag game, dance freeze, relay, obstacle course). Encourage student ownership, creativity, and engagement in movement.