

ENRICHMENT CLASS SCHEDULE

SEMESTER TWO (January 12 - March 20, 2026)

FKO Program: Carroll School - Peabody

MONDAY

Time	Grade	Classes
3:30 - 4:30 pm	K - 1 st	Around the World Adventures
	1 st - 2 nd	Little Bakers, Big Business
		Artistic Adventures
	3 rd - 4 th	Shape Shifters
	4 th - 5 th	Whisk Wizards
Sports Academy		

TUESDAY

Time	Grade	Classes
3:30 - 4:30 pm	K - 1 st	Mindful Movers
	1 st - 2 nd	Cultural Quest Adventures
		Amazing Animals
	3 rd - 4 th	Line Leaders Art Club
	4 th - 5 th	Art Speaks
Visual Arts		

WEDNESDAY

Time	Grade	Classes
3:30 - 4:30 pm	K - 1 st	Around the World Adventures
	1 st - 2 nd	Little Bakers, Big Business
		Artistic Adventures
	3 rd - 4 th	Shape Shifters
	4 th - 5 th	Whisk Wizards
Sports Academy		

THURSDAY

Time	Grade	Classes
3:30 - 4:30 pm	K - 1 st	Mindful Movers
	1 st - 2 nd	Cultural Quest Adventures
		Amazing Animals
	3 rd - 4 th	Line Leaders Art Club
	4 th - 5 th	Art Speaks
Visual Arts		

FRIDAY

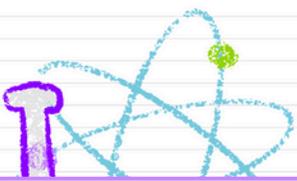
Time	Grade	Classes
3:30 - 4:30 pm	K - 5 th	Tiger An's Taekwondo

NOTES

- **Daily Physical Activity Block:**
 - Grades K-2: 5:00 - 5:30 pm
 - Grades 3-5: 4:30 - 5:00 pm
- **Pick-up Reminder:** Please pick up your child after 4:30 pm to maximize their out-of-school-time learning. Remember to come in and sign your child out.
- **Absence Reporting:** Call 978-998-2875 if your child will be absent from FKO.
- **Label Belongings:** Please Ensure all of your child's belongings are labeled.

ENRICHMENT DESCRIPTIONS

CLASS NAME	DESCRIPTION
Around the World Adventures	Around the World Adventures, students “travel” to a new country each week. Introduce each country through stories, maps, traditions, animals, and landmarks. As well as focus on creative cultural experiences like crafts, simple foods, music, and movement games. Students explore the world in an age-appropriate, engaging way.
Mindful Movers	Mindful Movers builds early self-regulation and social-emotional skills through mindfulness, read-alouds, feelings activities, and simple yoga, breathing, and movement games that support focus and body awareness.
Little Bakers, Big Business	Introduce the basics of starting a baking business in a playful, hands-on way. Students learn how baked goods are made, how to choose a product, create a name and logo, and work together to prepare simple baked items. Through role-play and group activities, children explore what it means to plan, create, and share a product.
Cultural Quest Adventures	Take the students on a weekly journey to a new country, where they learn about holidays, traditions, foods, celebrations, and daily life. Students build global awareness through stories, hands-on cultural activities, simple cooking experiences, and creative projects that highlight each country’s unique traditions.
Artistic Adventures	Children explore different art mediums through fun, hands-on projects. Students learn and apply artistic concepts like texture, depth, color, and perspective while expressing their creativity and building sensory awareness.
Amazing Animals	Give children the chance to explore an animal or animal group of their choice. Through simple research, they’ll gather fun facts and share their learning through a creative poster.
Shape Shifters	Introduce the art of paper folding through step-by-step projects that build precision, creativity, and focus. Students transform simple paper into animals, shapes, and 3D designs while practicing patience and problem-solving.



ENRICHMENT DESCRIPTIONS

CLASS NAME	DESCRIPTION
Line Leaders Art Club	Students will learn essential sketching skills—such as shading, texture, proportion, and perspective—through guided lessons and hands-on practice. Students build confidence as they develop their own artistic style.
Whisk Wizards	Learn the basics of baking through simple recipes like cupcakes, muffins, and cakes. Students learn to follow directions, measure carefully, and understand how details in a recipe affect the final product.
Art Speaks	A creative writing and visual arts program where students explore storytelling through comic creation, poetry, drawing, and painting. Students learn how words and art work together to express ideas, emotions, and imaginative stories. Each week blends writing mini-lessons with hands-on art activities that help students develop voice, confidence, and creativity.
Sports Academy	Upper-elementary students get moving as they explore a variety of sports and physical activities. Students rotate through fun, sport-specific units filled with skill-building drills, mini-games, and cooperative challenges designed just for their age group. Along the way, they build strength, coordination, teamwork, and confidence—all while learning the importance of effort, sportsmanship, and maintaining a positive attitude toward staying active.
Visual Arts	This Visual Arts Enrichment Program introduces students to a variety of art techniques, cultural art forms, and creative problem-solving skills. Students work with diverse materials—drawing, painting, sculpture, textiles, and mixed media—while exploring artistic expression, craftsmanship, and design thinking. The focus is on creativity, experimentation, personal voice, and developing an appreciation for art.
Tiger An's Taekwondo (Specialist)	Introduce students to basic martial arts movements, stances, kicks, and forms in a safe and supportive environment. Lessons emphasize focus, respect, listening skills, and self-control while helping students build physical strength and confidence.

